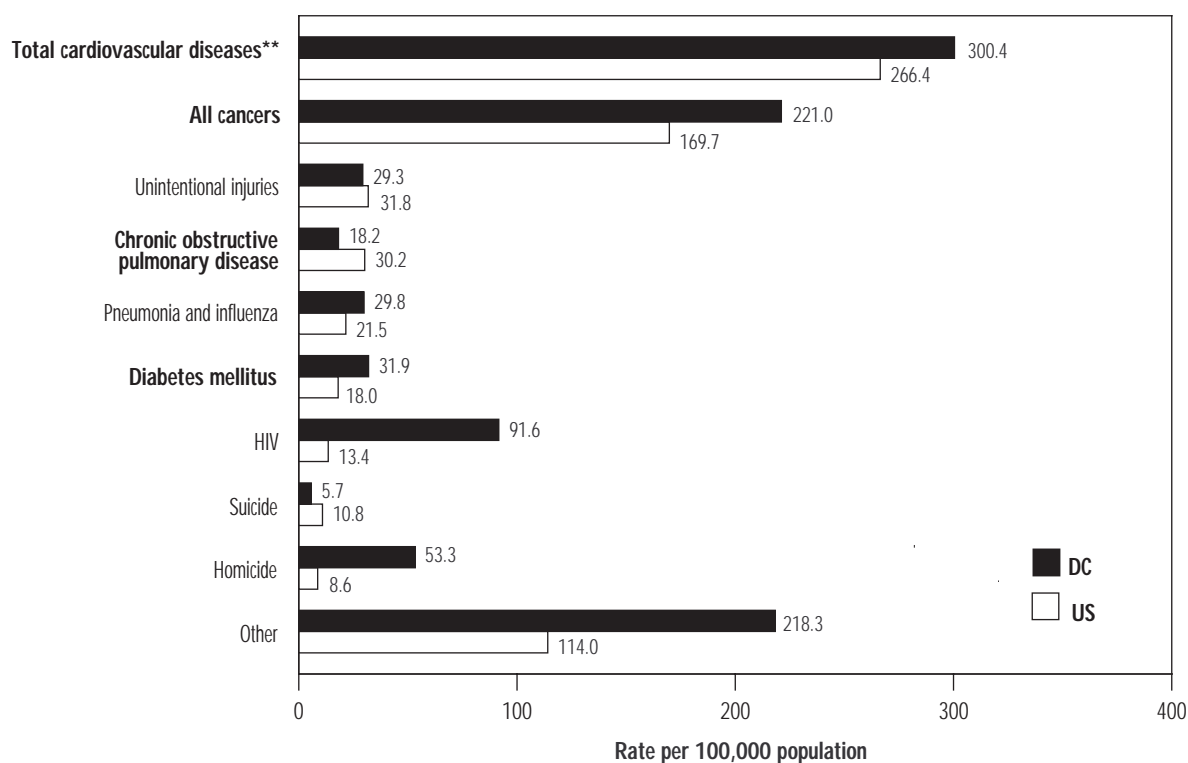


District of Columbia: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in the District of Columbia, all cancers are the second most common cause, diabetes is fifth, and chronic obstructive pulmonary disease is eighth.
- In 1995, 58% of all deaths in the District of Columbia were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and diabetes were higher in the District of Columbia than in the United States; the death rate for chronic obstructive pulmonary disease was lower.

Causes of Death, District of Columbia Compared With United States, 1995*



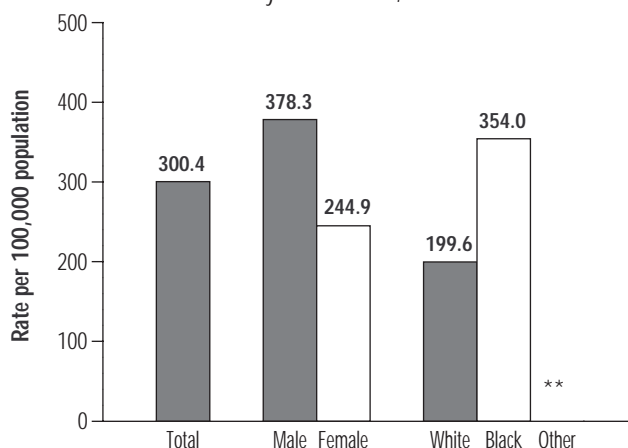
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (100.5 per 100,000 in the District of Columbia and 135.2 per 100,000 in the United States) and rates of death due to stroke (50.5 per 100,000 in the District of Columbia and 42.5 per 100,000 in the United States).

District of Columbia: Cardiovascular Diseases

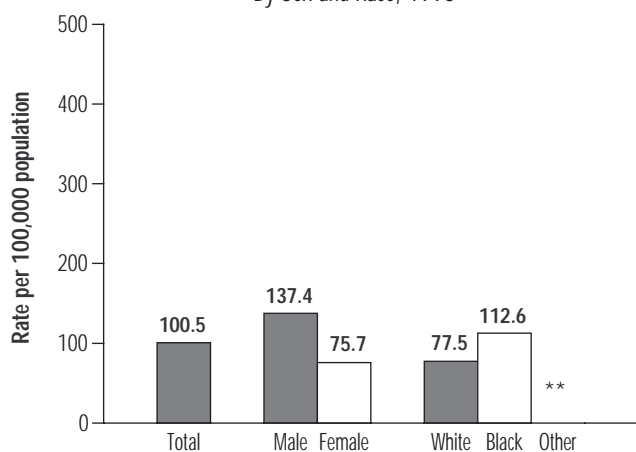
- Total cardiovascular diseases are the most common cause of death in the District of Columbia, accounting for 30% of all deaths.
- Ischemic heart disease accounted for 34% of all cardiovascular disease deaths in the District of Columbia in 1995; 742 people in the District of Columbia died of ischemic heart disease.
- In 1995, 370 people in the District of Columbia died of stroke.

District of Columbia: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



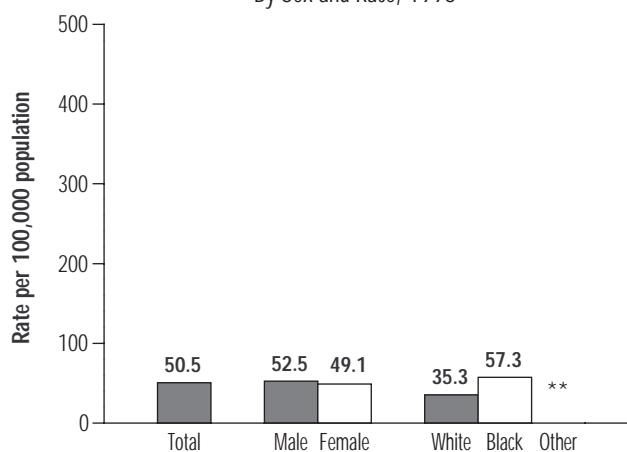
**Too few numbers to analyze.

District of Columbia: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

District of Columbia: Stroke Death Rates
By Sex and Race, 1995



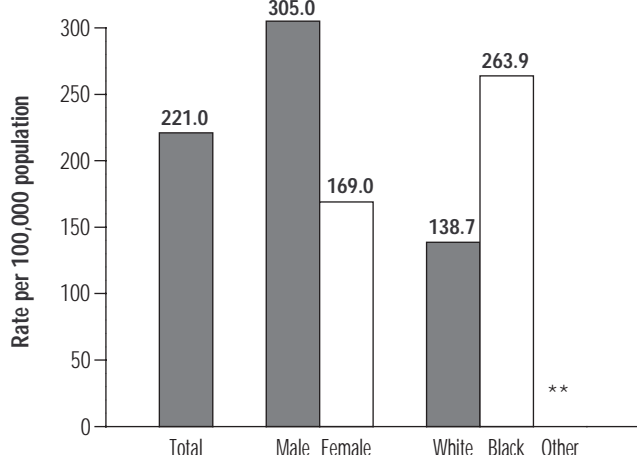
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

District of Columbia: Cancer

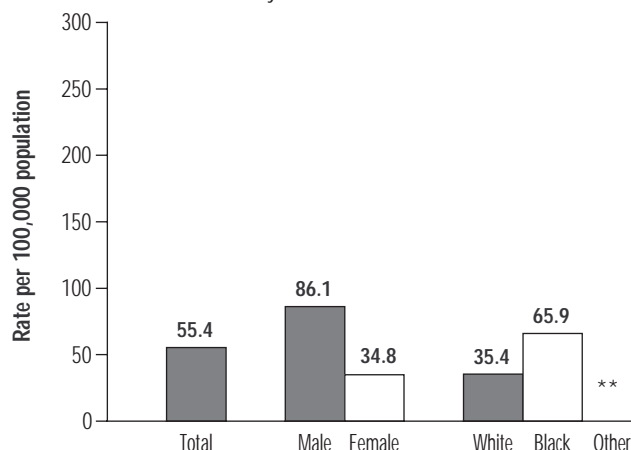
- Cancer accounted for 22% of all deaths in the District of Columbia in 1995; 1,481 people in the District of Columbia died of cancer.
- In the District of Columbia in 1995, 358 people died of lung cancer, 160 people died of colorectal cancer, and 125 women died of breast cancer.
- The American Cancer Society estimates that 360 new cases of lung cancer, 320 new cases of colorectal cancer, and 530 new cases of breast cancer will be diagnosed in the District of Columbia in 1997.

District of Columbia: All Cancer Death Rates
By Sex and Race, 1995



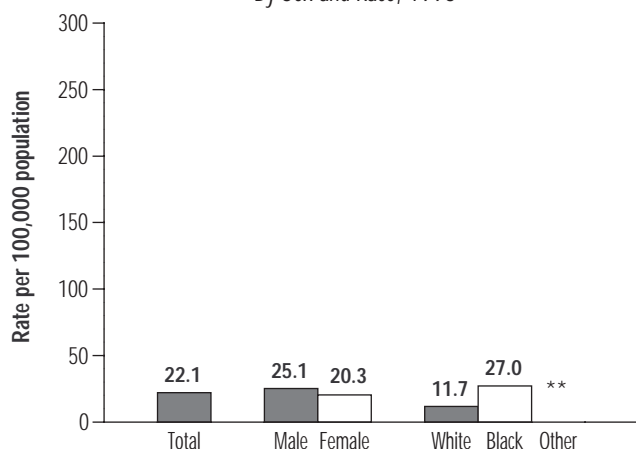
**Too few numbers to analyze.

District of Columbia: Lung Cancer Death Rates
By Sex and Race, 1995



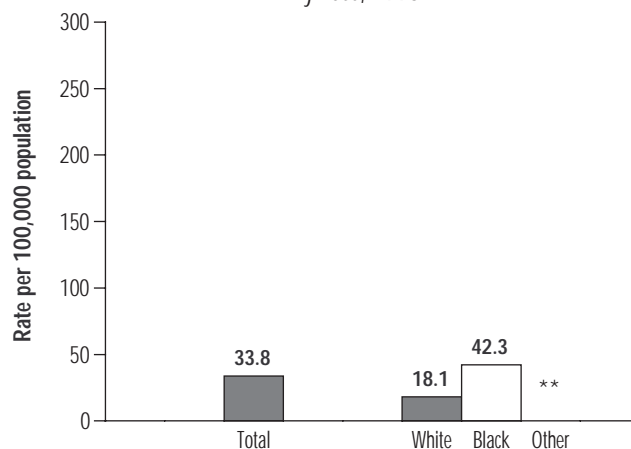
**Too few numbers to analyze.

District of Columbia: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

District of Columbia: Breast Cancer Death Rates Among Women
By Race, 1995



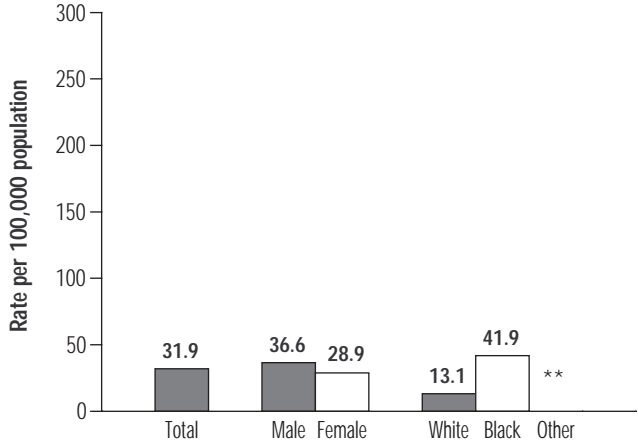
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

District of Columbia: Diabetes

- In 1994, 20,909 adults in the District of Columbia had diagnosed diabetes.
- Diabetes was the underlying cause of 219 deaths in the District of Columbia in 1995.
- In 1993, diabetes was the most common contributing cause of 98 new cases of end-stage kidney disease in the District of Columbia.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

District of Columbia: Diabetes Death Rates
By Sex and Race, 1995



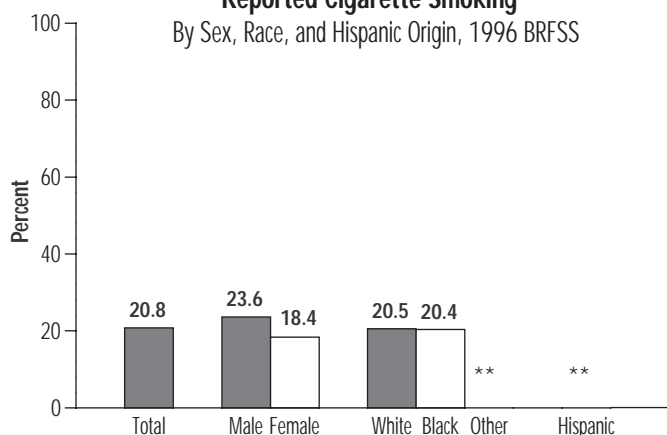
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

District of Columbia: Risk Factors

District of Columbia: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

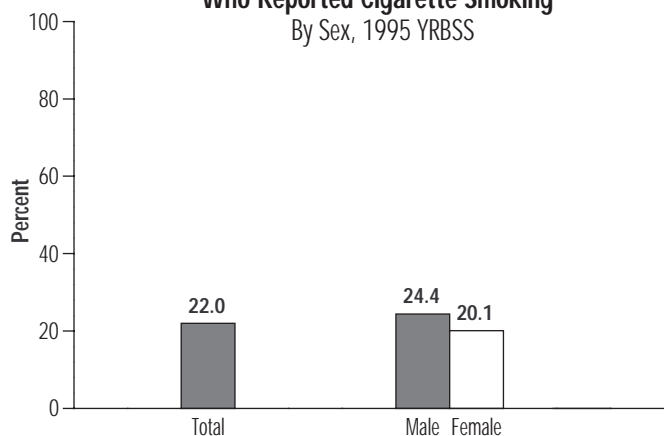


*Ever smoked at least 100 cigarettes and now smoke every day or some days.

**Too few numbers to analyze.

District of Columbia: Percentage of High School Students Who Reported Cigarette Smoking*

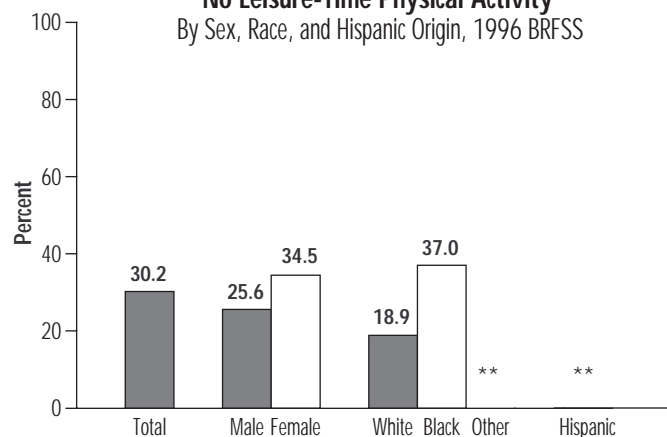
By Sex, 1995 YRBSS



*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

District of Columbia: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

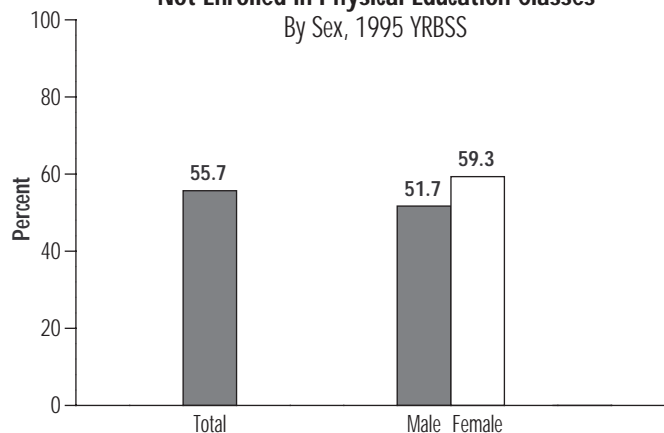


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

**Too few numbers to analyze.

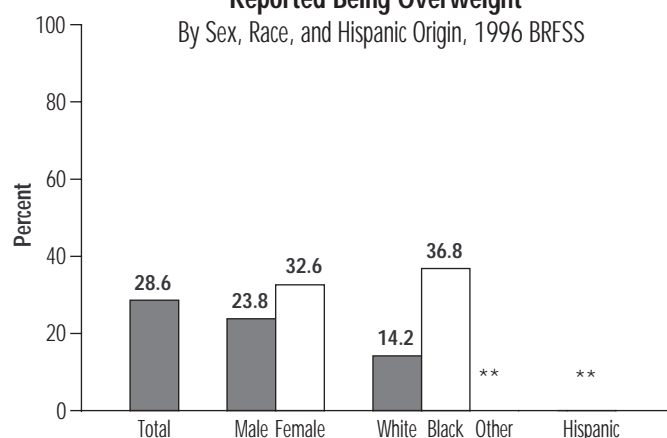
District of Columbia: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS



District of Columbia: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

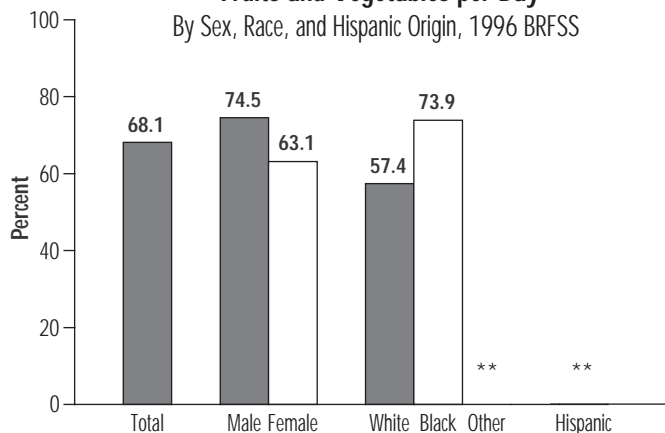
**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to the students participating in the survey.

District of Columbia: Risk Factors

District of Columbia: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

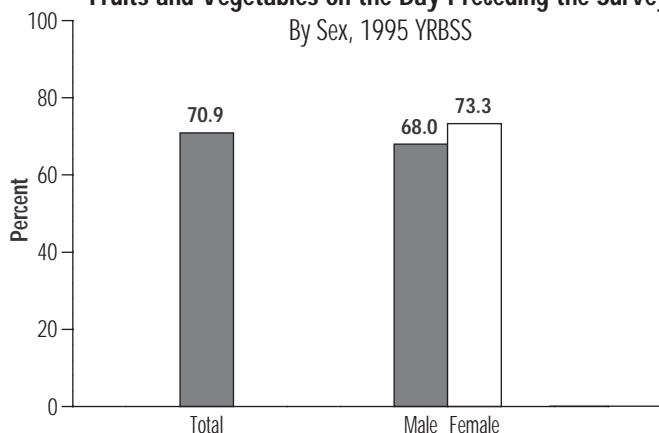
By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

District of Columbia: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

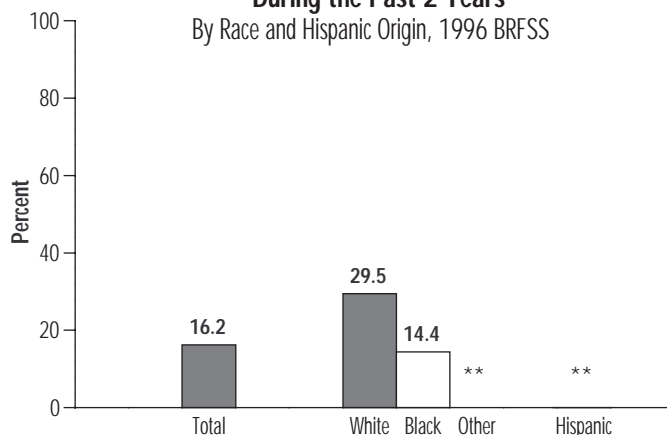
By Sex, 1995 YRBSS



District of Columbia: Preventive Services

District of Columbia: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

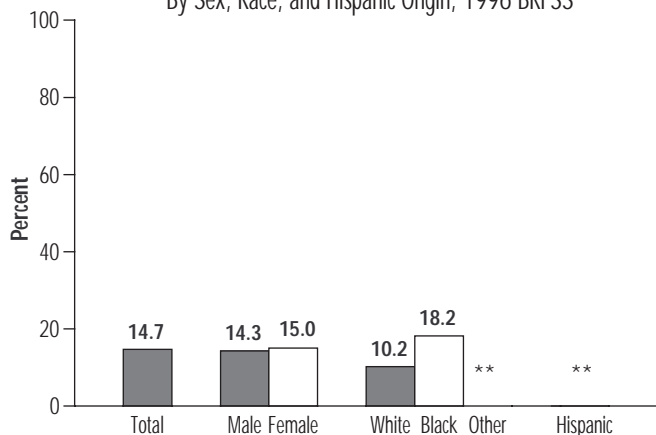
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

District of Columbia: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to students participating in the survey.